

Catering Menu/Price List

Sandwiches \$11.00

(Choose from sourdough, wholemeal, wholegrain, wrap, Panini or baguette)

Chicken Avo – Chicken, sundried tomato, spinach, avocado, tasty cheese, aioli

Chicken Caesar – Chicken, ham, egg, parmesan, croutons, Caesar dressing

Sweet Chilli Chicken – Chicken, carrot, cos, red onion, tasty cheese, sweet chilli sauce

Chicken Pesto – Chicken, spinach, sundried tomato, tasty cheese, pesto, aioli

Chicken Salad – Chicken, cos, beetroot, cucumber, tomato, carrot, cheese, egg, aioli

Tandoori Chicken – Tandoori chicken, rocket, cucumber, tomato, cheese, Greek yoghurt

Vego – Roast sweet potato, sundried tomato, rocket, feta, beetroot, olives, mushroom, balsamic vinegar

Sweet Potato & Feta – Roast sweet potato, sundried tomato, feta, spinach, red onion, aioli

Ham Salad - Ham, spinach, red onion, cucumber, tomato, carrot, cheese, egg, aioli

Breakfast – Ham, avocado, tomato, tasty cheese, capsicum, mushroom, spinach, tomato relish.

Turkey – Turkey, beetroot, carrot, spinach, avocado, cranberry sauce

Salads \$11.00

Chicken Pesto – Chicken, spinach, cheese, sundried tomato, pesto, aioli

Chicken Caesar – Chicken, ham, egg, cos, parmesan, croutons, Caesar dressing

Vego – Roast sweet potato, sundried tomato, rocket, feta, beetroot, olives, mushroom, balsamic vinegar

Rainbow – Beetroot, carrot, cucumber, capsicum, mushroom, kale, lemon pepper dressing

Sweet Potato & Feta – Roast sweet potato, sundried tomato, feta, spinach, red onion, aioli

Chicken Avo – Chicken, sundried tomato, spinach, avocado, parmesan cheese, aioli

Sweet Chilli Chicken – Chicken, carrot, cos, red onion, tasty cheese, sweet chilli sauce

Turkey – Turkey, beetroot, carrot, spinach, avocado, parmesan, cranberry sauce.

Tandoori – Tandoori chicken, rocket, cucumber, tomato, cheese, Greek yoghurt

Raw Salad (\$11.50) – Carrot, beetroot, avocado, cucumber, cashews, pepitas, hummus, lemon

Quinoa Salad (\$11.50) – Quinoa, rocket, sweet potato, feta, olives, semi sundried tomato, chickpeas, balsamic vinegar dressing

Platters

Vego, Fruit, Cheese, Combo **POA**

Snacks

Fruit&Yoghurt(muesli optional) **\$6.95**

Fruit Salad **\$6.95**

CADA **\$6.95**

Luv Cakes (raw cheesecake) **\$7.50**

'Raw' Slices **\$4.50**

Banana Bread **\$4.95**

Protein or Spirulina Balls **\$4.50(pk2)**

Drinks

Phoenix Sparkling **\$4.50**

Charlies Juice (Apple, Orange) **\$4.50**

Sparkling Juices **\$4.50**

Kombucha Tea **\$4.50**

Sparkling Mineral Water **\$3.95**

Still Water **\$3.00**

Coconut Water **\$4.50**

Fresh Juices (500ml Bottle) \$8.50

Vegi Mix, Tropical Treat, Detox, Juice Infusion, Green Juice, Flu Slayer.